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|--------------------------|-----------------------|------------------------|
| 1. Risers                | 2. Pulleys            | 3. Rails               |
| 4. Head rest             | 5. Straps (arm & leg) | 6. Posts               |
| 7. Shoulder rest         | 8. Carriage           | 9. Foot bar kick stand |
| 10. Springs              | 11. Gear box          | 12. Foot bar           |
| 13. Short Box Foot Strap | 14. Jump board knobs  | 15. Platform           |